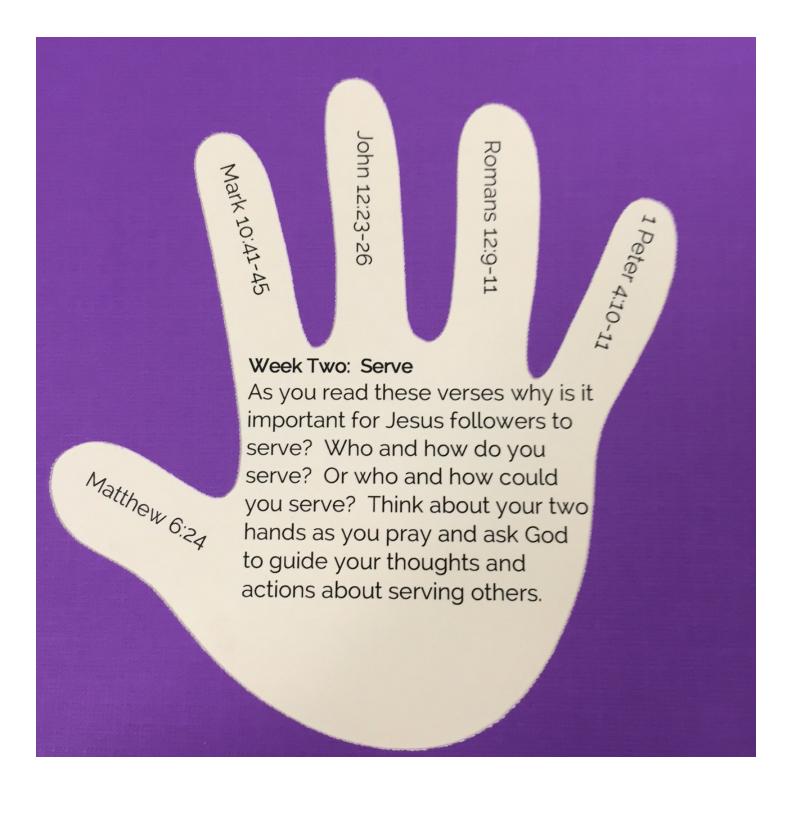


You open your hand, satisfying the desire of every living thing, Psalm 145:16

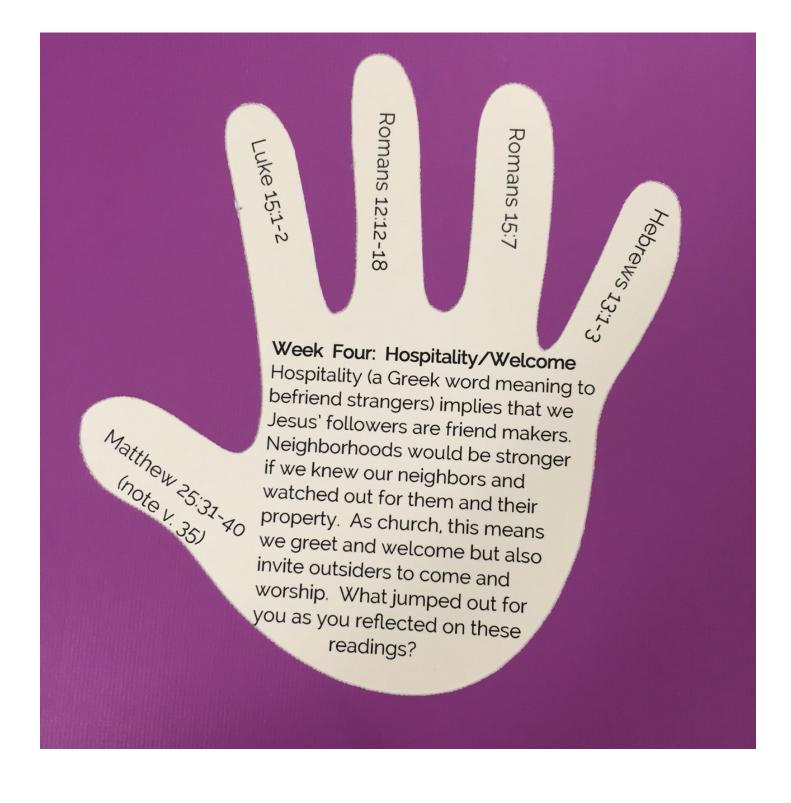


Our hands make our lives so much easier, yet we often take them for granted. Hands do many things: hands that offer help, clap for others, shake hands to greet, extend a hand of welcome and hands that touch to show love and care. This tool offers a five-week devotional reading schedule focused on how we use our hands for the sake of God and others

Colossians 4:2-4 Philippians 4:4-7 Week One: Pray What did you learn about prayer today? Open your hands as you pray as a symbol of an open I Timothy 2:1-8 heart and mind to God. Thank God for your blessings and praise God for loving you. Pause to listen to what God may bring to mind to you. Bring your prayers for yourself and others to the Lord.



John 15:9-17 Romans 8:31-39 Week Three: Love For God so loved the whole world that he sent his Son (John 3:16) to become one of us. The Matthew 5:43-4> Bible is redundant about the message that God is love and we as Jesus' followers are to be people of love as well. What did you observe as you read these Scriptures? How will you respond?



Philippians 2:1-3

Week Five: Encouragement

As a community of Jesus' followers, we need each other as an encouragement in our life and faith We encourage (giving courage, hope and confidence) when we pray for others in times of struggles as well as give a witness to our Lord when we see God's blessing, comfort and presence. How will you respond to what these verses say about encouragement?

Romans 1:8-12